R.T. FLOYD, EDD, ATC, CSCS BRADLEY S. MONTGOMERY, MAT. ATC JONI MADDOX, DAT, ATC LAUJ GARDNER, DAT, ATC

The University of West

Highway 11 in Livingston,

Alabama. It is 116 miles

130 miles west of

southwest of Birmingham,



CODIE WASHBURN, MAT, ATC ANDREA WILSON, MS, ATC AMANDA SHAW, MS, ATC **HUDSON BYRNES, MS, ATC** CANDICE KEENE, DPT, ATC

## ATHLETIC TRAINING & SPORTS MEDICINE CENTER

Station 14 • Livingston, AL 35470 • 205-652-3450 • Fax 205-652-3799 • http://at.uwa.edu





## North/East

- Traveling north/east on I-59/I-20 from Meridian, take the AL-28 exit 17.
- Turn R) onto AL-28.
- Turn R) onto U.S. Highway 11.
- Turn R) at first traffic light into campus.
- Continue until you come to a T in the road, and turn L). Pass the parking lot on the L) take the next L).
- Continue down the hill through the gate.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



## South/West

- Traveling south/west on I-59/I-20 from Tuscaloosa, take the AL-28 exit 17.
- Turn L) onto AL-28.
- Turn R) onto U.S. Highway 11.
- Turn R) at the first traffic light onto campus.
- Continue until you come to a T in the road, and turn L). Pass the parking lot on the L) take the next L).
- Continue down the hill through the gate.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



- Traveling west on US-80, from Demopolis turn R) onto AL-28 toward Livingston.
- Continue straight through U.S. 11, through two traffic signals, and past the Shell station on your L).
- Continue around the curve and take the first R) down the hill into the parking lot.
- The Center will be straight ahead.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



- Traveling north on AL-17 from Butler, turn R) onto U.S. Highway 11 in York.
- Turn L) at the light and "T" in Livingston.
- Continue through the next traffic signal and go past the Shell station on your L).
- Continue around the curve and take the first R) down the hill into the parking lot.
- The Center will be straight ahead.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



- Traveling north on AL-43 from Thomasville, turn L) onto AL-28 in Linden and follow to U.S. Highway 80.
- Turn L) onto US-80 and after crossing the bridge turn R) onto AL-28 toward Livingston.
- Continue straight across U.S. 11, through two traffic signals, and past the Shell station on your L).
- Continue around the curve and take the first R) down the hill into the parking lot.
- The Center will be straight ahead.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.

